

NEWS RELEASE

January 30, 2025

Hands Off My 401(k): American Retirement Savers Appreciate Their Plans Just the Way They Are

ICI Research Finds That Retirement Saving Tools Like 401(k) Plans Continue to Work for Millions of Middle-Class Americans

Washington, DC; January 30, 2025—According to new research published by the Investment Company Institute (ICI), Americans highly value their retirement plans. ICI's research report "[American Views on Defined Contribution Plan Saving, 2024](#)" finds that almost three-quarters of Americans had favorable impressions of 401(k) and similar defined contribution (DC) plan accounts.

"Employer-sponsored DC plans have helped American workers achieve long-term saving goals for decades with favorable features like employer contributions, a strong lineup of investment options that are diversified and cost-effective, and tax-deferred growth. A vast majority—85 percent—of DC plan participants find that the tax treatment of their plans is a big incentive to contribute," said **Sarah Holden, ICI Senior Director of Retirement and Investor Research**. "It's important when discussing changes to our retirement system for policymakers to note that current plans are working for millions of Americans. Most Americans, whether they currently have retirement accounts or not, have confidence in DC plans as they are and do not support any changes."

As Congress considers the expiring provisions of the 2017 Tax Cuts and Jobs Act, policymakers must protect Americans' ability to save for their futures by ensuring the tax treatment Americans rely on for retirement savings isn't used as a "pay-for" to finance other government spending or tax changes.

[Americans Broadly Reject Changes to the Key Features of DC Plans](#)

Percentage of U.S. individuals disagreeing with each statement, fall 2024

Note: The figure plots the percentage of adults who "strongly disagreed" or "somewhat disagreed" with the statement. See [Figure 3](#) in the report for additional details.

Source: ICI tabulation of NORC AmeriSpeak® survey data (fall 2024)

A strong majority of Americans disagreed with proposals to remove or reduce tax incentives for retirement savings. In fall 2024, 85 percent disagreed that the government should take away the tax advantages of DC accounts, and 86 percent disagreed with reducing the

amount that individuals can contribute to DC accounts. Disagreement was higher among those with retirement accounts.

To advocate for American retirement savers, ICI launched the “[Help U.S. Retire](#)” campaign. “Help U.S. Retire” is an advocacy campaign to protect the retirement funds that middle-class Americans rely on to build their long-term financial security. The campaign will mobilize the 120 million American investors that use mutual funds and ETFs as long-term savings vehicles, building a grassroots network to amplify their voices to Congress.

Other findings from the study:

- ICI’s research also found that an overwhelming majority of DC plan participants agreed that their DC plan helps them think about the long-term and makes it easier to save. Almost half also indicated that they would probably not be saving for retirement if not for their DC plans at work.
- Most (92 percent) DC-owning individuals agreed that it was important to have choice in and control of the investments in their DC plans. More than eight out of 10 DC-owning individuals (83 percent) indicated that their DC plan offered a good lineup of investment options. DC plans not only facilitate saving but also investing.
- Across the adult U.S. population more generally, nearly nine out of 10 (86 percent) individuals surveyed disagreed with the idea of not allowing individuals to make investment decisions in their DC accounts, and nearly eight out of 10 (77 percent) disagreed with investing all retirement accounts in an investment option selected by a government-appointed board of experts.

The bottom line is retirement plan accounts can help individuals meet retirement goals and are a powerful tool for household savings.

About the ICI Survey

With millions of U.S. households personally directing their retirement savings, the Investment Company Institute (ICI) has sought to track retirement savers’ actions and sentiment. This report, the 17th in this series, summarizes results from a nationally representative survey of Americans aged 18 or older. The survey was designed by ICI research staff and administered by NORC at the University of Chicago using the AmeriSpeak® probability-based panel. This report presents survey results that reflect individuals’ responses collected during November and December 2024. All prior reports are available at <https://www.ici.org/research/retirement/us-views>.